

Editorial

Journey of Annals of the National Academy of Medical Sciences (India) (ANAMS)

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A New Beginning

Annals of the National Academy of Medical Sciences (India) (ANAMS), the official journal of NAMS (National Academy of Medical Sciences, India) under the aegis of the Ministry of Health and Family Welfare, Govt. of India, has been serving the biomedical research fraternity of India since its inception 59 years ago. The journal was launched in 1965 with Dr. Viswanathan as the first Chief Editor with a modest beginning of two issues per year with print pages 156. Later, the frequency was increased to four issues per year. Back in 2016, NAMS decided to go for digital transition and ANAMS got its online presence. Since then, the journal has been growing progressively and has published high-quality articles in a multi-disciplinary format. The year 2024 marks the 60th volume of the journal and it will come with a new face and appeal starting the Jan–Feb 2024 issue.

The new website of the journal is <https://editorialassist.com/#/login/ANAMS>, whereas the new submission site of the journal is <https://editorialassist.com/#/login/ANAMS>. Potential authors are encouraged to submit their engaging original research investigations, narrative reviews, systematic reviews, meta-analysis, unique case reports, engaging case series, appealing letters, and short communications. Medical students and researchers are also encouraged to submit conference posters and research abstracts as well. The aim of the journal has always been to promote medical research happening in the nooks and corners of our country and we will stay committed to the same. By bringing in a new, user-friendly submission portal for our authors and reviewers, where authors will experience a seamless submission process and reviewers will instantly receive a reviewer certificate upon successful completion of an article's review, we are enthusiastically

looking forward to bring to our reader base vigorously engaging journal issues and even strongly contributing to the dissemination of competitive research content.

The successful journey of ANAMS wouldn't have been possible without the selfless contribution of our reviewers and editors, who have been tirelessly contributing toward the journal for the past 6 decades. However, we are deeply thankful to our authors above all, who have enriched the journal with such diverse clinical content. In 2023, we published a variety of content in the form of original articles, reviews, case reports, short communications, etc.

The journal has always advocated for publishing current trends in clinical practices. In this regard, we published an original investigation addressing trends on awareness and knowledge about glaucoma.¹ The journal published interesting molecular investigations on topics like Schiff Base monomers and their anticancer activity² and Cystatin A down-regulation associated with attenuation of cancer hallmark signatures in squamous cell carcinoma cell lines.³ The journal published regional investigations from around the country on topics like home-based prophylaxis versus institutionalized prophylaxis,⁴ as well as articles addressing populations from overseas countries on topics such as clinical, demographic, and biochemical profiles of Trinidadian patients.⁵

Apart from such engaging original investigations on various topics and nature, the journal regularly published educative and informative reviews on diverse topics as well such as applicability and bioactivity of Sesamum indicum L-Oil,⁶ sleep restriction during pregnancy on fetal brain programming and neurocognitive development of offspring,⁷ the role and significance of hepatokines and adipokines in metabolic syndrome,⁸ the underutilization of forensic microbiology,⁹ etc.

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We also brought to our readers some insights that should positively reflect the current state and future prospects of ethical medical research and funding in our country,¹⁰ and aspects of appointment of medical faculty and subsequent promotions.¹¹

Continuing our practice to bring in new features for our readers and ways of expression for our authors, the journal will be bringing an altogether new section from 2024 onwards. This will be called “Task Force Reports” and will be addressing the emerging trends and best practices guidelines in several areas of clinical practice and healthcare services and are prepared by the best subject experts. In this issue, we are publishing task force report on “Venous thromboembolism”, “Organ donation and transplantation,” and “Alcohol, substance use disorders, and behavioral addictions in India.” It is the need of the hour that students, professors, and clinical practitioners are well-versed with emerging trends and innovative approaches in their field of interest. National Academy of Medical Sciences (India), being the torchbearer of establishing the best practices information in India, thus takes the responsibility to enlighten and educate the biomedical fraternity by starting this new section in our journal.

In totality, ANAMS has been publishing clinical content on diverse topics, which are not only bringing to the reader the latest developments in various practicing fields and day-to-day bench to bedside challenges but at the same time the published content is educative and vastly informative for students and budding researchers who aim to establish a career in their domain. We aim to continue our endeavors with even more enthusiasm as we come with a new look and feel and sincerely believe that the content published in our beloved journal will continue contributing significantly to the overall development of scientific and medicinal practices.

Prof. Anil Kumar Jain MS, FIOA, FRCS (Eng.), FAMS

Editor-in-Chief

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